

Southern Psychiatric Association (SPA)  
Tennessee Psychiatric Association (TPA)  
Annual Meeting  
September 5 – 8, 2018  
The Loews Vanderbilt Hotel, Nashville, TN

## Forging the Future in Psychiatry From Practice Trends to Healthcare Delivery

### PROGRAM AGENDA

#### Wednesday, September 5, 2018

6:00 p.m. - 7:00 p.m. Welcome Reception – *At Hotel*

#### Thursday, September 6, 2018

8:30 a.m. - 10:30 a.m. SPA Council Meeting

12:00 p.m. - 4:30 p.m. Registration

12:15 p.m. - 12:30 p.m. **Welcome**  
John Hendrick, MD  
SPA President

Rodney Poling, MD, DFAPA  
TPA Immediate Past President

Mary Helen Davis, MD  
SPA Program Chair and Moderator

12:30 p.m. - 1:30 p.m. **E. Wesley Ely, MD, MPH**  
Grant W. Liddle Chair in Medicine  
Professor of Medicine, Pulmonary and Critical Care  
Associate Director of Aging Research, VA  
Vanderbilt University Medical Center  
VA-GRECC  
*Delirium and Acquired Dementia: A New Frontier in Critical Care*

1:30 p.m. - 2:30 p.m. **Rif S. El-Mallakh, MD**  
Professor and Director, Mood Disorders Research Program  
Department of Psychiatry and Behavioral Sciences,  
University of Louisville School of Medicine  
*Trends in Future Psychopharmacology*

2:30 p.m. - 3:00 p.m. Program Break

- 3:00 p.m. - 4:00 p.m.      **Michelle Cochran, MD, DFAPA**  
 Medical Director  
 Nashville Center for Hope and Healing and  
 Neuroscience and TMS Treatment Center  
*TMS THERAPY: A unique and proven approach to treating depression*
- 4:00 p.m. - 4:30 p.m.      **RESIDENT AWARD**
- 12:00 p.m. to 5:00 p.m.    Exhibitor Set up
- 6:00 p.m. – 7:30 p.m.      Off-Site Reception

**Friday, September 7, 2018**

7:00 a.m. – 7:45 a.m.      Registration & Check-In, Exhibit Visitations, Continental Breakfast

7:45 a.m. – 8:00 a.m.      **Welcome**  
 Rodney Poling, MD, DFAPA  
 TPA Immediate Past President

John Hendrick, MD  
 SPA President

Mary Helen Davis, MD  
 SPA Program Chair and Moderator

8:00 a.m. - 9:00 a.m.      **Brian Hepburn, MD**  
 Executive Director  
 National Association of State Mental Health Program Directors  
 (NASMHPD)  
 Beyond Beds-The Importance of the Continuum of Care

9:00 a.m. – 10:00 a.m.    **Harsh K. Trivedi, MD, MBA**  
 President and CEO  
 Sheppard Pratt Health System  
 The Evolving Healthcare System and What it Means for our Field

10:00 a.m. to 10:30 a.m.    Break and Exhibit Visitation

10:30 a.m. – 12:30 p.m.    **Michael Baron, MD, MPH, DFASAM**  
 Medical Director  
 Tennessee Medical Foundation-Physician Health Program  
*Appropriate Prescribing in Tennessee (APT)*

**NOTE:** This talk will satisfy the 2 hour CME requirement for Prescribing Practices in Tennessee

- 12:30 p.m. – 1:30 p.m. Lunch and Exhibit Visitation
- 1:30 p.m. – 3:00 p.m. APA Leadership Forum: Implications for the Practicing Psychiatrist  
**Altha J. Stewart, MD**  
Associate Professor/Chief of Social and Public Psychiatry  
Director, Center for Health in Justice Involved Youth  
University of Tennessee Health Science Center  
American Psychiatric Association President (Effective May 2018)  
*Psychiatry in the 21st Century: Challenges and Opportunities*
- Jenny Boyer, MD, PhD, JD**  
Telemedicine Staff Psychiatrist  
Veteran's Administration  
*Maintenance of Certification – Not Your Favorite!*
- Phil Wang, MD, Dr. PH**  
Deputy Medical Director and Director of Research  
American Psychiatric Association  
*Update on APA Member-Focused Initiatives*
- 3:00 p.m. – 3:30 p.m. SPA Annual Business Meeting

Afternoon and Evening Open

**Saturday, September 8, 2018**

- 7:00 a.m. - 8:00 a.m. Continental Breakfast and Exhibit Visitation
- 8:00 a.m. – 9:00 a.m. **Steven Sharfstein, MD**  
President Emeritus  
Sheppard Pratt Health System  
Clinical Professor of Psychiatry  
University of Maryland School of Medicine  
*What Trumps the Goldwater Rule: Psychiatrists in the Public Eye*

- 9:00 a.m. – 10:00 a.m.     **Moira A. Rynn, MD**  
Consulting Professor and Chair  
Department of Psychiatry and Behavioral Sciences  
Duke University Medical Center  
*Child and Adolescent Anxiety Disorders: Advances in Treatment and Research*
- 10:00 a.m. - 10:30 a.m.     Break and Exhibit Visitation
- 10:30 a.m. – 12:00 p.m.     **Clifton R. Tennison, Jr., MD, DLFAPA**  
Psychiatric Consultant, University of Tennessee Sports Medicine  
Mindfulness Meditation Educator and Trainer  
*Mindfulness Meditation for the Practicing Psychiatrist*
- 12:00 p.m. – 12:30 p.m.     TPA Annual Business Meeting
- 7:00 p.m. - 9:00 p.m.     Farewell Dinner