

Accreditation Statement:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the American Psychiatric Association (APA) and the Tennessee Psychiatric Association (TPA).

The APA is accredited by the ACCME to provide continuing medical education for physicians. The APA designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

PROGRAM OBJECTIVES

At the conclusion of the activity, participants should be able to:

Discuss the public health problem of acquired-dementia following critical illness as part of the Post-Intensive Care Syndrome (PICS);

Utilize some of the newest pharmacologic agents in psychiatry;

Understand the history of Transcranial Magnetic Stimulation and be introduced to the technology and proposed mechanisms of actions;

Understand crisis services as an important part of the continuum of care;

Identify healthcare system changes nationally focusing on conglomeration in the industry;

Understand the craving brain and addiction;

Recognize three ways that psychiatric workforce and practice will change in the 21st century;

Understand the new pilot for Maintenance of Certification;

Understand APA initiatives to help its members meet new practice challenges and opportunities;

Assess the impact of psychiatrists on public opinion and on the image of the profession when they comment in the media in general about mental health and specifically about an individual;

Improve identification of pediatric anxiety disorders;

Use new or enhanced skills in training and supporting the use of mindfulness practices for patients and for ourselves

Southern Psychiatric Association
6501 N. Charles Street
P.O. Box 6815
Baltimore, MD 21285-6815

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From Practice Trends
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Jointly Sponsored by the American Psychiatric Association
and the Tennessee Psychiatric Society in conjunction
with the Southern Psychiatric Association

2018 ANNUAL MEETING

Tennessee Psychiatric Association (TPA)
Southern Psychiatric Association (SPA)

PROGRAM SCHEDULE

Wednesday, September 5

6:00pm - 7:00pm Welcome Reception at Hotel

Thursday, September 6

8:30am - 10:30am SPA Council Meeting

11:00am - 4:30pm Registration

12:15pm - 12:30pm **Welcome**

John Hendrick, MD
SPA President

Rodney Poling, MD, DFAPA
TPA Immediate Past President

Mary Helen Davis, MD
SPA Program Chair and Moderator

12:30pm - 1:30pm **Delirium and Acquired Dementia:
A New Frontier in Critical Care**

E. Wesley Ely, MD, MPH

1:30pm - 2:30pm **Trends in Future Psychopharmacology**

Rif S. ElMallakh, MD

2:30pm - 3:00pm Program Break

3:00pm - 4:00pm **TMS THERAPY: A Unique and Proven
Approach to Treating Depression**

Michelle Cochran, MD, DFAPA

4:00pm - 4:30pm Resident Award

6:00pm - 7:30pm Reception

Friday, September 7

7:00am - 7:45am Registration/Check-In/Exhibit Visitation

7:45am - 8:00am **Welcome**

Rodney Poling, MD, DFAPA
John Hendrick, MD
Mary Helen Davis, MD

8:00am - 9:00am **Beyond Beds - The Importance
of the Continuum of Care**

Brian Hepburn, MD

Friday, September 7

9:00am - 10:00am **The Evolving Healthcare System
and What it Means for Our Field**
Harsh K. Trivedi, MD, MBA

10:00am - 10:30am Program Break/Exhibit Visitation

10:30am - 12:30pm **Appropriate Prescribing in Tennessee (APT)***
Michael Baron, MD, MPH, DFASAM

* This talk will satisfy the two
(2) hour CME requirement for
Prescribing Practices in Tennessee

12:30pm - 1:30pm Lunch/Exhibit Visitation

1:30pm - 3:00pm **APA Leadership Forum: Implications
for the Practicing Psychiatrist**

Altha J. Stewart, MD - *Psychiatry in the 21st
Century: Challenges and Opportunities*

Jenny Boyer, MD - *Maintenance of
Certification - Not Your Favorite!*

Phil Wang, MD, Dr. P.H. - *Update on
APA Member-Focused Initiatives*

3:00pm - 3:30pm SPA Annual Business Meeting

3:30pm - 10:00pm Enjoy the evening on your own

Saturday, September 8

7:00am - 8:00am Continental Breakfast/Exhibit Visitation

8:00am - 9:00am **What Trumps the Goldwater Rule:
Psychiatrists in the Public Eye**

Steven S. Sharfstein, MD

9:00am - 10:00am **Child & Adolescent Anxiety Disorders:
Advances in Treatment and Research**

Maira A. Rynn, MD

10:00am - 10:30am Program Break/Exhibit Visitation

10:30am - 12:00pm **Mindfulness Meditation for
the Practicing Physician**
Clifton R. Tennison, Jr., MD, DLFAPA

12:00pm - 12:30pm TPA Annual Business Meeting

12:30pm - 7:00pm Enjoy the afternoon
on your own

7:00pm - 9:00pm Farewell Dinner

THINGS TO DO IN NASHVILLE

Music City - Live music can be seen and heard every day and night in Nashville. From world-famous honky-tonks, to the Ryman Auditorium and the Schermerhorn Symphony Hall, just pick a genre and you're sure to find it! Nashville's reputation as Music City has been proved for more than 200 years. And who knows, you might run into Tim McGraw or Keith Urban!

Celebrity Chefs - From hot chicken to haute cuisine, Nashville's exploding restaurant scene will satisfy your palate. Enjoy longstanding favorite haunts or explore new outposts from celebrity chefs seeking to satiate foodies' cravings. Don't forget to take home a bag of Goo Goo Clusters! These iconic Nashville candies were founded in 1901, and it's believed that GOO stands for Grand Ole Opry!

Art and the Outdoors - Nashville offers many sites to pique your senses aesthetically through art and lavish gardens. Visit the Hermitage, President Andrew Jackson's home, for historical perspective. Relax on the steps of the Parthenon and imagine antiquity. Stroll the grounds of Cheekwood for a little grandeur, or jaunt through the Art Deco halls at the Frist Center.



FORGING THE FUTURE IN PSYCHIATRY

From Practice Trends
to Healthcare Delivery

September 5th - 8th, 2018

Name: _____

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

Email: _____

Full 4-Day Registration Fees:

- SPA Member (includes farewell dinner) \$495
Early-bird \$450 prior to June 15
- TPA Member (includes farewell dinner) \$495
Early-bird \$450 prior to June 15
- Non-Member \$510

Optional Rates: Date(s) Attending: _____

- Daily Participation Rate \$185
- Spouses/Guests (enter names below) \$195
- Members In Training \$150
- Early Career Psych (1-3 years post training)..... \$250

Special Event Fees:

- Farewell Dinner (Non-SPA/TPA Member)
or if registering daily \$ 95

Guest Name: _____

Guest Name: _____

Special dietary requests or other special accommodations:

Please send check to Southern Psychiatric Association at:

6501 N. Charles Street • Baltimore, MD 21204
410.938.3452 • www.sopsych.org

Hotel Registration Deadline is August 3, 2018

Loews Vanderbilt Hotel

2100 West End Avenue • Nashville, Tennessee

Call (800) 235-6397 and mention Southern Psychiatric Association for the special rate of \$219 plus tax and applicable charges or reserve online at www.loewshotels.com/vanderbilt-hotel/southern-psychiatric-2018-conference